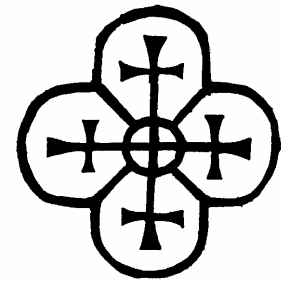
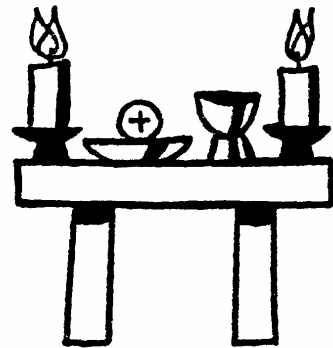


# The Chase Benefice



The Chase  
Benefice

Please do not take this booklet away



The Parish  
Eucharist

*in Ordinary Time*

We hope you will feel very welcome at our Church. This booklet contains all you need (apart from the hymns) to be able to join in the service fully. You will find the text of the service on the right-hand pages. On the left-hand pages we have printed some material in blue that we hope will help you deepen your reflection upon the service.

If you are a communicant member of another church, you are warmly invited to share in Communion with us. If you are not confirmed, may we urge you to consider it, and (if you live in the area) to have a word with the priest about what is involved?

Children are always welcome in our Church. At the back of the Church there are some activity bags, containing quiet toys and colouring books – please help yourself! We want you to enjoy worship so please don't worry if the children make a noise.

It is our practice, before the service begins, and especially after the candles have been lit, to keep the church as quiet and still as possible so that everyone can prepare to worship God 'in spirit and in truth'. Please pray for all involved in leading our worship, and for those sitting near you. You may like to use the 'Prayers before worship' on the following pages.

We are now in the season of the churches year that is called 'Ordinary Time'. We often think that "ordinary" time means "boring" or "lifeless" which is sad. "Ordinary Time" actually means "numbered time". We can so easily miss the importance and beauty – the grace – that is always present to us. May you not lose sight of God's extravagant love for you during this 'numbered' time!

*The president says the Post Communion prayer, then all say*

**All Faithful God,  
we thank you for feeding us  
with the body and blood  
of your Son Jesus Christ.  
Through him we offer you  
our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

## The Dismissal

---

*A hymn may be sung.*

*The president gives a blessing and the service ends with*

*Go in peace to love and serve the Lord.*

**All In the name of Christ. Amen.**

*The ministers leave the Church.*

*After the service please do stay and have a chat. If you are new, please introduce yourself to the Priest or to the Churchwardens. They will introduce you to other people and they can give you more information about our Church.*

*We hope that you have enjoyed being with us this morning and will come again.*

Material for this booklet has been taken from the following sources: *Common Worship: Services and Prayers of the Church of England*, © The Archbishops' Council; The prayer at the *Breaking of the Bread* is copyright © General Synod of Anglican Church of Canada 1985; *Candles and Kingfishers* © Ann Lewin, 1997; *New Revised Standard Version Bible* © 1989 The Division of Christian Education of the National Council of Churches in the USA; *New Sunday & Holy Day Liturgies* © Flor McCarthy 1998; *Letter from the Desert* © Carlo Carretto, 1973; other devotional texts taken from *The Eucharist*: © The Cathedral Church of the Blessed Virgin Mary, Salisbury and *The Hallowing of Time*: © Carol Wilkinson 1998.

Strengthen, O Lord,  
 the hands which have been held out  
 to receive thy holy things.  
 Grant that the ears  
 which have heard the voice of thy songs  
 may be closed to the voice of clamour and dispute;  
 That the eyes which have seen thy great love  
 may also behold thy blessed hope;  
 That the tongues which have sung the Sanctus  
 may also speak the truth;  
 That the feet which have trodden thy courts  
 may ever walk in the light;  
 That the bodies which have tasted thy living Body  
 may be restored to newness of life.

Liturgy of Malabar

Dear Jesus, help us to spread your fragrance  
 everywhere we go. Flood our souls with your spirit  
 and life.

Shine through us, and be so in us, that every soul we  
 come in contact with may feel your presence in our  
 soul. Let them look up and see no longer us but only  
 Jesus! Stay with us, and then we shall begin to shine  
 as you shine...

Let us preach you without preaching, not by words  
 but by our example, by the catching force, the  
 sympathetic influence of what we do, the evident  
 fullness of the love of our hearts near to you.

John Henry Newman

## Order One

### *The people and the priest*

- ¶ greet each other in the Lord's name
- ¶ confess their sins and are assured of God's forgiveness
- ¶ keep silence and pray a Collect
- ¶ proclaim and respond to the word of God
- ¶ pray for the Church and the world
- ¶ exchange the Peace
- ¶ prepare the Table
- ¶ pray the Eucharistic Prayer
- ¶ break the Bread
- ¶ receive Communion
- ¶ depart with God's blessing.

## Entrance

*Pause at the threshold  
 Of the sacred space,  
 Bow low.  
 Prepare for fresh  
 Encounter  
 With the Holy One.*

Ann Lewin

*Surely the Lord is in this place  
 and this is none but the house of God  
 and the gate of heaven.*

John Donne

*Before the Service – Speak to God*  
*During the Service – Let God speak to you*  
*After the Service – Speak to one another*

*If you came this way,  
Taking any route, starting from anywhere,  
At any time or at any season,  
It would always be the same:  
you would have to put off  
Sense and notion. You are not here to verify,  
Instruct yourself, or inform curiosity  
Or carry report. You are here to kneel  
Where prayer has been valid.*

T.S. Eliot, Little Gidding

*Come, my Way, my Truth, my Life;  
Such a Way, as gives us breath:  
Such a Truth, as ends all strife:  
Such a Life, as killeth death.*

*Come, my Light, My Feast, my Strength:  
Such a Light, as shows a feast:  
Such a Feast, as mends in length:  
Such a Strength as makes his guest.*

*Come, my Joy, my Love, my Heart:  
Such a Joy, as none can move:  
Such a Love, as none can part:  
Such a Heart, as joys in love.*

George Herbert

*As watchmen look for the morning,  
so do we look for you, O Christ.  
Come with the dawning of the day, and make  
yourself known to us in the breaking of bread;  
for you are our God for ever and ever.*

From one of the earliest Christian Liturgies

**All** Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit even to eat the crumbs  
from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us with the precious  
body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of  
Christ, may sit and eat in your kingdom.  
Amen.

*Communicant members of all Christian churches are  
welcome to receive the sacrament.*

*If you are not confirmed or do not wish to receive the  
sacrament please come for a blessing and kneel with your  
hands behind your back.*

*These words of distribution may be used*

The body of Christ keep you in eternal life.  
The blood of Christ keep you in eternal life.

*Each communicant replies **Amen**. Please wait until the  
person on your left has received the chalice before leaving  
the altar.*

*After all have received, silence is kept.*

## Be Still

*You do not have to look for anything,  
Just look.  
You do not have to listen for  
Specific sounds  
Just listen.  
You do not have to accomplish anything,  
Just be.*

*And in the looking  
And the listening  
And the being,  
Find  
Me.*

Ann Lewin

*God be in my head, and in my understanding;  
God be in mine eyes and in my looking;  
God be in my mouth and in my speaking;  
God be in my heart and in my thinking;  
God be at mine end, and at my departing.*

Sarum Primer

*At the entry of the ministers a hymn may be sung.  
The president may say*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen.**

### The Greeting

*The president greets the people.*

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you

**All and also with you.**

*The president welcomes the people and the children leave  
if there is a crèche or Junior Church.*

### Prayer of Preparation

*This prayer is said*

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

### Prayers of Penitence

*A minister invites the people to confess using these or  
similar words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

*Love bade me welcome: yet my soul drew back,  
Guiltie of dust and sinne.  
But quick-ey'd Love, observing me grow slack  
From my first entrance in,  
Drew nearer to me, sweetly questioning,  
If I lack'd any thing.*

*A guest, I answer'd, worthy to be here:  
Love said, You shall be he.  
I the unkinde, ungratefull? Ah, my deare,  
I cannot look on thee.  
Love took my hand, and smiling did reply,  
Who made the eyes but I?*

*Truth Lord, but I have marr'd them: let my shame  
Go where it doth deserve.  
And know you not, sayes Love, who bore the blame?  
My deare, then I will serve.  
You must sit down, sayes Love, and taste my meat:  
So I did sit and eat.*

George Herbert

*If there is one name which sounds the melody of love,  
it is the name of Jesus. Grant to me a penitent heart in  
my living, a believing heart in my dying. Lord Jesus  
Christ, Son of God, have mercy on me, a sinner.*

Brother Ramon SSF

**All Lamb of God,  
you take away the sin of the world,  
have mercy on us.  
Lamb of God,  
you take away the sin of the world,  
have mercy on us.  
Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*or*

**All Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

### **Giving of Communion**

*The president says one of these invitations to communion*

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink  
in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*or*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,  
but only say the word, and I shall be  
healed.**

*Feed on him in your heart, digest his power;  
Let his life slow-release itself into your blood,  
Stream through your senses, energise your thought.  
Recall his presence thankfully,  
A constant savouring.*

Ann Lewin

*Receive therefore and eat the Body of Christ,  
you who are already made members of Christ  
within the body of Christ. Take and drink the  
Blood of Christ. Lest you should fall apart,  
Drink that which binds you together. Lest you  
should seem cheap to yourselves, drink that  
which bought you. As this when you eat and  
drink it, is changed into you, so you are  
changed into the Body of Christ by an obedient  
and holy life. You are receiving that which  
(unless you receive unworthily) you have  
begun to be. Make sure therefore that you do  
not eat and drink judgement to yourselves... .*

St. Augustine

*The Eucharist is the silence of God, the weakness of  
God.*

Carlo Carretto

in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love  
and peace with all.

## The Confession

*Either*

**All** Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you  
in newness of life  
to the glory of your name. Amen.

*Or, with suitable penitential sentences, the Kyrie eleison  
may be used*

Lord, have mercy.

**All** Lord, have mercy.

Christ, have mercy.

**All** Christ, have mercy.

Lord, have mercy.

**All** Lord, have mercy.

*The president declares God's forgiveness.*

*O eternal Trinity, eternal godhead! This godhead, your divine nature, made immensely precious the blood of the only-begotten Son. Eternal Trinity, you are like a deep sea, in which the more I seek, the more I find; and the more I find, the more I seek you.*

Catherine of Siena

*The Collect is the Church's prayer for the week or for a particular day. It collects and focuses in a few short phrases the prayers of God's people gathered together here and throughout the world. We are part of a vast company in earth and heaven.*

*Prayer... is like you and me playing our second fiddles in an unending heavenly symphony of praise and joy. When we pray we take up our fiddles, and when we stop we put them down again – but the music never stops.*

Basil Moss

*God meets us in his Word, in a concrete word, the preaching instituted in Jesus Christ... . The Word of God is not a timeless statement, but a concrete word addressed to men and women here and now.*

Rudolf Bultmann

This is his/our story

**All This is our song:  
Hosanna in the highest.**

*The Prayer continues and leads into the doxology, to which all respond boldly, either*

**All Blessing and honour and glory and power be yours for ever and ever. Amen.**

*or*

**All Amen.**

### **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

**All Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**All Though we are many, we are one body,  
because we all share in one bread.**



*God has created me to do him some definite service he has not committed to another. I have my mission – I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good, I shall be an angel of peace, a preacher of truth in my own place while not intending it; if I do but keep his commandments. Therefore I will trust him. Whatever, wherever I am. I can never be thrown away. If I am in sickness, my sickness may serve him; If I am in perplexity, my perplexity may serve him; If I am in sorrow, my sorrow may serve him. He does nothing in vain. he knows what he is about.*

John Henry Newman

*God is with me now,  
Closer than breathing  
And nearer than hands and feet.  
God has made me for Himself.  
I come from God,  
I belong to God,  
I go to God.  
God knows me,  
God loves me,  
God has a use for me  
Now and forever.*

Unknown

*The Gloria may be said or sung*

**All** **Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

### **The Collect**

*We keep a moment of silence to collect our thoughts and concerns before the president says the Collect, which reflects a theme of the season. All respond*

**All** **Amen.**

### **The Liturgy of the Word** \_\_\_\_\_

#### **Readings**

*We sit for the readings from Scripture. At the end the reader may say*

For the word of the Lord.

**All** **Thanks be to God.**

*A hymn or a Psalm is sung. We turn to face the minister for the Gospel of the Day.*

written for our learning: Grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience, and comfort of thy holy Word, we may embrace, and ever hold fast the blessed hope of everlasting life, which thou has given us in our Saviour Jesus Christ.

BCP: Collect for Advent 2

I bind unto myself the name,  
The strong name of the Trinity;  
By invocation of the same,  
The Three in One, and One in Three,  
Of whom all nature hath creation;  
Eternal Father, Spirit, Word:  
Praise to the Lord of my salvation,  
Salvation is of Christ the Lord!

St. Patrick

Father, Son and Holy Spirit,  
Mother, Daughter, He and She,  
Compassed in one mystery.  
Pattern of all relationships,  
Creating, powerful;  
Sustaining, not contained,  
Outflowing into us  
Drawn into you. O Holy God  
We worship you.

Ann Lewin

Written on a wall of the Warsaw ghetto by a young Jew c. 1942:

I believe in the sun, even if it does not shine.  
I believe in love, even if I do not feel it.  
I believe in God, even if I do not see him.

Hans Kung

*The president says*

The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

*The president praises God for his mighty acts and all respond*

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
[Blessed is he who comes in the name  
of the Lord. Hosanna in the highest.]**

*The president recalls the Last Supper, and one of these acclamations may be used*

[Great is the mystery of faith:]

**All Christ has died:  
Christ is risen:  
Christ will come again.**

[Praise to you, Lord Jesus:]

**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

[Christ is the bread of life:]

**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

[Jesus Christ is Lord:]

**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

*You are holy, you are whole.  
You are always ever more  
Than we ever understand.  
You are always at hand.  
Blessed are you coming near.  
Blessed are you coming here  
To your church in wine and bread,  
Raised from soil, raised from dead.  
You are holy You are holy You are holy  
Let the whole earth praise you, Lord!  
Alleluia, Alleluia, Alleluia, Alleluia, our Lord.*

*Per Harling*

*As we share your life  
in this bread and this cup,  
may we, with all the faithful in this place,  
be set aflame with your love,  
and be filled with your power,  
that others may see  
and be drawn to your service  
and live to your glory and praise.*

*Ann Lewin*

*Come freshly to us now, Lord God,  
and fill us with your spirit;  
that we may be surprised into  
new discoveries of the simplicity  
and generosity of your love,  
through Jesus Christ our Lord.*

*Ann Lewin*

*An acclamation may herald the Gospel reading to which  
all respond*

**All Alleluia.**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ  
according to N.

**All Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

### **Sermon**

*We sit for the Sermon, after which there is a brief silence.  
On Sundays and Principal Holy Days we then stand to  
affirm our faith.*

### **Affirmation of Faith**

Let us declare our faith  
in the word of the Nicene Creed.

**All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

*To clasp the hands in prayer is the beginning of an uprising against the disorder of the world.*

Karl Barth

*I cannot teach you how to pray in words.  
God listens not to your words save when He  
Himself utters them through your lips.  
And I cannot teach you the prayer of the seas  
and the forests and the mountains.  
But you who are born of the mountains  
and the forests and the seas  
can find their prayer in your heart,  
And if you but listen in the stillness of the night  
you shall hear them saying in silence:  
'Our God, who art our winged self, it is thy will in  
us that willeth.  
It is thy desire in us that desireth.  
It is thy urge in us that would turn our nights,  
which are thine, into days which are thine also.  
We cannot ask thee for aught, for thou knowest our  
needs before they are born in us:  
Thou art our need; and in giving us more of thyself  
thou givest us all.'*

Kahlil Gibran

*A hymn is sung, during which the altar is prepared and a collection may be taken. The gifts of bread and wine are brought from the people and placed upon the altar.*

*The following prayers may be used.*

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

**All** **All things come from you, and of your own do we give you.**

Blessed be God,  
who feeds the hungry,  
who raises the poor,  
who fills our praise.

**All** **Blessed be God for ever.**

*The president takes the bread and wine.*

*The Eucharist is not a mnemonic tableau of an historical event. It is a sweeping thanksgiving for the whole of the Father's benevolence toward the world and his people in Christ and the Holy Spirit. It does no more than what Jesus did in all the meals he took with those he loved. What he did at those meals quite escaped the bounds of any one meal on any one occasion. What he did was to make human beings free and forgiven table partners with God.*

Aidan Kavanagh

*Christ leads me through no darker rooms  
Than he went through before.*

Richard Baxter

*God is.  
He is as he is in Jesus.  
Therefore there is Hope.*

Bishop David Jenkins

*Human life is capable of entering into the infinity of God because the infinity of God can be found in the heart of every human life. The two are not distinct. Humanity and divinity flow together.*

John Shelby Spong

he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary  
and was made man.  
For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at the  
right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic  
and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

#### Prayers of Intercession

*We sit or kneel for the prayers. These responses may be used*

Lord, in your mercy  
**All** hear our prayer.  
*or*  
Lord, hear us.  
**All** Lord, graciously hear us.  
*or*  
Let us pray to the Lord  
**All** Lord, have mercy.

*Long experience has shown that in a very general way prayer is like a path which passes through different regions: at first, along a wide and fertile valley... Then the path becomes narrower; it winds up and up, and is often rough and stony; now and then we cannot see more than a few feet ahead, and the mountains seem to close in upon us in a menacing way... Sometimes the way leads through a dark, rocky gorge, a veritable valley of the shadow of death. We wonder whether the light will ever shine again.*

Olive Wyon

*Greet one another with the kiss of peace.*

2 Corinthians 13.12

*All guests are to be received as Christ himself.*

Rule of St. Benedict

*How good it is being held,  
Not clutched, exploited or possessed,  
But held, delighted in.  
Strength flowing each to each,  
Rejoicing in each other's company.*

Ann Lewin

In faith we pray  
**All we pray to you our God**

*And at the end*  
Merciful Father,

**All accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## **The Liturgy of the Sacrament** —————

### **The Peace**

*The president introduces the Peace with a suitable sentence, and then says*

The peace of the Lord be always with you  
**All and also with you.**

Let us offer one another a sign of peace.

*We may exchange the Peace with those around us by shaking hands.*